

Kildare TaeKwon-Do New Timetable September 2026



Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Time 6-7pm	Beginners-Yellow Tag Tech / Fundamentals	Closed	Closed	Beginners/Yellow Tag Tech/Fundamentals	Closed	Time: 10am -11.30am Sparring/Fitness Yellow-Black belt
Time 7-8pm	Yellow Belt-Green Tag Tech / Fundamentals	Closed	7pm-8pm Beginners Teens/Adults	Yellow/Green Belt Tech/Fundamentals	Closed	Time: 11.30am-1pm Red/Black belt class
Time 8-9pm	Blue-Black Belt Tech / Fundamentals	Closed	Closed	Blue – Red Belt Tech/Fundamentals	Closed	

Note: Black Tags who are due to Grade for Black belt within 6 months before the black belt grading must attend the Black Belt class in preparation of upcoming grading.